

Supervision Policies & Participation Guidelines

By purchasing, scheduling, or attending supervision, participants agree to these guidelines. Failure to meet attendance or participation requirements may result in the affected session being marked as used, without attendance credit, replacement, or refund.

SCOPE OF SUPERVISION

Supervision may include

Client case consultation; professional judgment, boundaries, ethics, and scope; business, marketing, and practice-building; skill development, reflection, and trauma-informed practice.

Supervision does not include

Regulation support or crisis support; clinical supervision toward licensure; promotion or solicitation of a participant's services; credentialing, recertification, or application administration.

PROFESSIONAL PARTICIPATION

Participants are expected to:

- Arrive on time, prepared, present, and professionally engaged
- Participate on camera throughout and make any preparations needed before the session.
- Tend to nervous system needs without directing activation toward others through hostility, passive aggression, personal attacks, or repeated disruption
- Use brief grounding or breaks as needed; sustained regulation support and personal processing belong outside supervision
- Speak from their own perspective, allow others space to participate even when you disagree, and remain open to reflection, feedback, and facilitator redirection
- Avoid diagnosing, shaming, or making personal attacks
- Take responsibility for their impact

Group participants must remain visibly present and engaged in shared learning. Speaking throughout is not required. Working, driving, multitasking, remaining off camera, or joining from an environment that prevents meaningful participation does not meet group requirements.

Behavior that interferes with confidentiality, safety, or the flow of the session may be redirected or paused. Serious or repeated concerns may result in temporary or permanent removal from supervision.

ATTENDANCE, SCHEDULING, CANCELLATIONS, AND REFUNDS

- Group and one-on-one sessions are 60 minutes
- To receive attendance credit, participants must be present and engaged for at least 50 minutes. Participants arriving later than 10 minutes past the start will not be admitted.
- Sessions must be canceled or rescheduled through the participant's free Acuity account at least 48 hours in advance
- Purchases are final and nonrefundable, including missed or unused sessions, late cancellations, insufficient attendance, and failure to review or remember these guidelines
- If Ascension Wellness cancels and qualified coverage is unavailable, the session will be rescheduled and will not be marked as used

CONFIDENTIALITY AND PRIVACY

Participants must:

- Remove names and unnecessary identifying details and share only what is needed
- Attend where conversations cannot be overheard and use headphones when needed
- Maintain confidentiality regarding client cases and participant contributions
- Refrain from recording, photographing, transcribing, or otherwise capturing any part of a session
- Refrain from using personal AI assistants, transcription services, or note-taking bots

Confidentiality depends on all participants, and group participation carries some inherent privacy risk.