



# Group Supervision Participation Guidelines

Group supervision is a professional learning space designed to support wellness professionals across modalities and practices in strengthening their skills, discernment, and effectiveness in trauma-informed work, whether they are already trauma trained or actively learning how to practice in a more trauma-informed way.

It is not therapy, personal processing, or business promotion. It is a structured, relational, educational, professional development environment.

## PURPOSE OF GROUP SUPERVISION

Group supervision exists to:

- Support the development of trauma-informed professional competency
- Offer consultation on client cases and practice-related questions
- Provide a learning-oriented peer environment grounded in respect, responsibility, and curiosity

Sessions may include participant-submitted cases, supervisor-led case examples, or discussion of themes relevant to trauma-informed practice.

Participants are encouraged to come prepared with questions related to their client work, professional practice, or business and marketing considerations. Group supervision is the primary space to bring these questions.

Participants are also welcome to attend even when they do not have a specific question. Learning occurs through listening, reflection, and engagement with the questions and perspectives of others, and many participants find the group discussion itself to be a valuable source of insight and professional growth.

## SCOPE AND USE OF GROUP TIME

Group supervision is a forum for:

- Client case consultation related to professional practice
- Questions about professional judgment, boundaries, and application
- Business and marketing related questions
- Skill development and reflective learning



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Group supervision is not a forum for:

- Personal therapy or emotional processing
- Marketing or promotion of services
- Credentialing, recertification, or administrative questions
- Complaints about organizations, programs, or individuals
- Mentor-related issues outside the scope of supervision

Items outside this scope may be redirected or paused by the facilitator.

## PARTICIPATION AND PRESENCE

Because group supervision is interactive, participants are expected to:

- Be present, attentive, and free from unnecessary distractions
- Keep cameras on
- Engage respectfully and professionally
- Arrive on time

This space relies on shared responsibility for learning and containment. If you are unable to be fully present and participate, please reschedule within 48 hours of your scheduled Group Consultation / Supervision.

To preserve the integrity of the group and ongoing conversations, participants who arrive more than 10 minutes after the scheduled start time will not be admitted to the Zoom room. Late arrivals within the first 10 minutes may be admitted at the facilitator's discretion.

## NERVOUS SYSTEM RESPONSIBILITY

Participants are responsible for tending to their own nervous system needs before, during, and after supervision.

Group supervision is not a space for regulation support or crisis intervention. If regulation support is needed, participants are expected to follow their personal [Self-Care Plan](#). Participants may step away briefly if needed and rejoin when resourced.



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## CONFIDENTIALITY

Client cases and peer contributions shared in group supervision are confidential.

Participants agree to:

- Protect the privacy of clients, peers, and supervisors
- Use discretion when discussing cases
- Avoid sharing identifying information

## ATTENDANCE, SCHEDULING, AND USE OF SESSIONS

- Group supervision sessions must be used within the supervision cycle in which they are purchased. Supervision cycles run January through June and July through December. Check the current schedule for specific dates.
- Unused sessions do not roll over. They automatically expire at the end of the supervision cycle.
- Rescheduling and cancellations are managed directly through the Acuity scheduling system. Please create a free Acuity account prior to purchasing.
- Group supervision purchases are non-refundable. No refunds are issued under any circumstances, including missed or expired sessions, late arrivals, or early departures.

## BONUS POWER VAULT

One on One Supervision and Group Supervision include access to the Bonus Power Vault:

- Swipe files
- Forms
- Templates. Books
- Podcasts you may be interested in
- Course recommendations

Access is available for duration of cycle of purchase only

## INFORMED PARTICIPATION

Please review these guidelines prior to attending group supervision.

By participating, you agree to engage in accordance with these guidelines.